

Introduction

Marriage Designed by God

A Course on Marriage from a Christian Standpoint



This course was written by Mike and Jean Adkins who were Christians when they met and who have now been married for over forty years. Having helped to steer married couples through difficulties, they felt it would be useful to set down in note form some discussion papers which others with a heart to help married couples might find useful. They are indebted to the thoughts and insights into family life found in the excellent book *We Want to Restore Family Life* by Donald A Kirby written in 1984 - though it is not known if the book is still in print. Some of those insights have been useful

in the production of these articles. If you manage to find a copy of Donald Kirby's book, Mike and Jean recommend that you read it. Also, they recommend the book "The Five Love Languages" by Gary Chapman published by Northfield Publishing of Chicago. References to other books also appear from time to time.

Mike and Jean are happy for individual copies of these articles to be made for marriage counselling purposes. Should multiple copies be required for group purposes please contact them first for permission at www.mannawords.com. Whilst they imagine it unlikely that someone would want to publish the article or extracts from it in a book or other format for financial gain, they should again be grateful if any person wishing to do so would first contact them for permission.